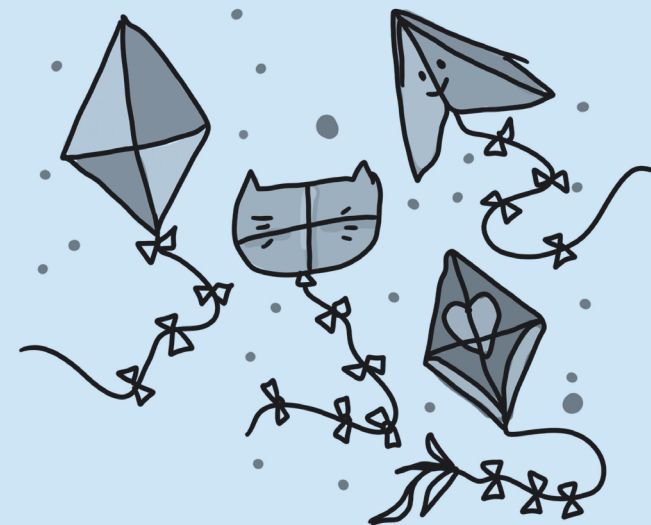


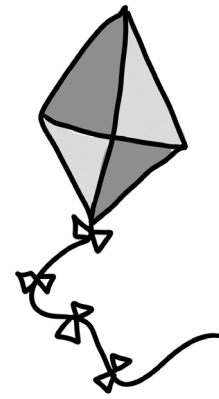


NIKHIL AND JAY FLYING HIGH

A Discussion Guide



Let's Discuss



About the Book: Nikhil and Jay – Flying High

Nikhil and Jay are brothers with dual heritage. Their mum, whom they call Amma, was born and raised in Chennai in India and their dad, whom they call Appa, was born in England. They have a pet cat called Max the Cat. Nikhil and Jay love doing everything together and enjoy playing with their cat too.



About the themes in this book

Through the slice of life stories that Nikhil and Jay experience, this book discusses a few important themes for young people.

- Accidents happen and there is no need to blame anyone.
- We all have to get together to help our planet and our community to be clean and green.
- Sometimes you can find creative ways to fix a problem
- And it's always more fun to be together than not.

Before you begin...

Before diving into the discussion, please read the book as a class. Explore the new words at the back too.

The Discussion



Story 1: Accidents Happen

- a. Why do Nikhil and Jay get upset?
- b. When Appa slips and falls on the wet floor, whose fault is it?
Is it Nikhil and Jay's fault, or is it Max's fault, or it was just an accident?
- c. How do you spend your time on a rainy day?
- d. What are the favourite board games you'd like to play if you cannot go outside to play?
- e. If someone was ill in your family, what can you do to make them feel better?



The Discussion



Story 2: A Pick-up Game

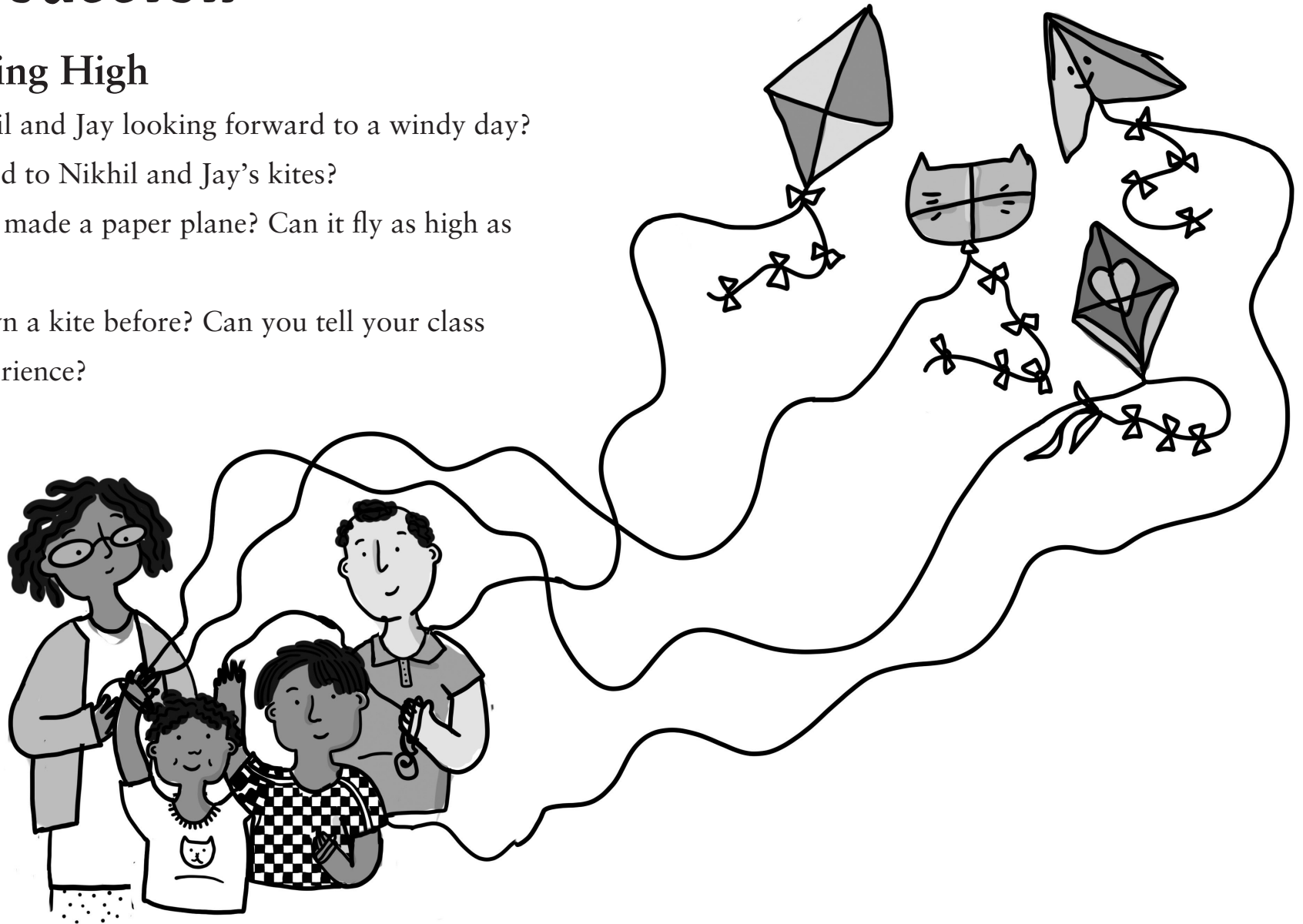
- a. What do Nikhil and Jay want to do over the weekend?
- b. What kind of activities do you do over the weekends?
- c. Do you think it will be fun for you to join your friends and clean your local park or street or beach?
- d. Do you know which kind of things should go into the recycle bin and which ones should be thrown into the rubbish?
- e. What is a wildlife garden? If you were to design a wildlife garden, what structures will you build?
- f. Have you been to a wild garden or meadow?
Do you know how to create and maintain one?



The Discussion

Story 3: Flying High

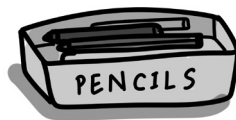
- Why are Nikhil and Jay looking forward to a windy day?
- What happened to Nikhil and Jay's kites?
- Have you ever made a paper plane? Can it fly as high as a kite?
- Have you flown a kite before? Can you tell your class about the experience?



The Discussion

Story 4: Together is Fun

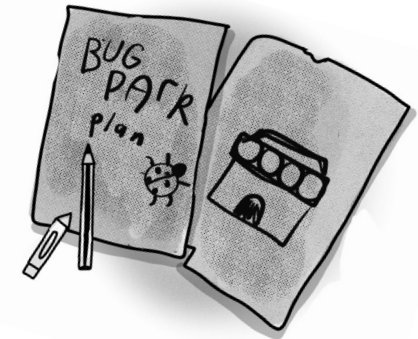
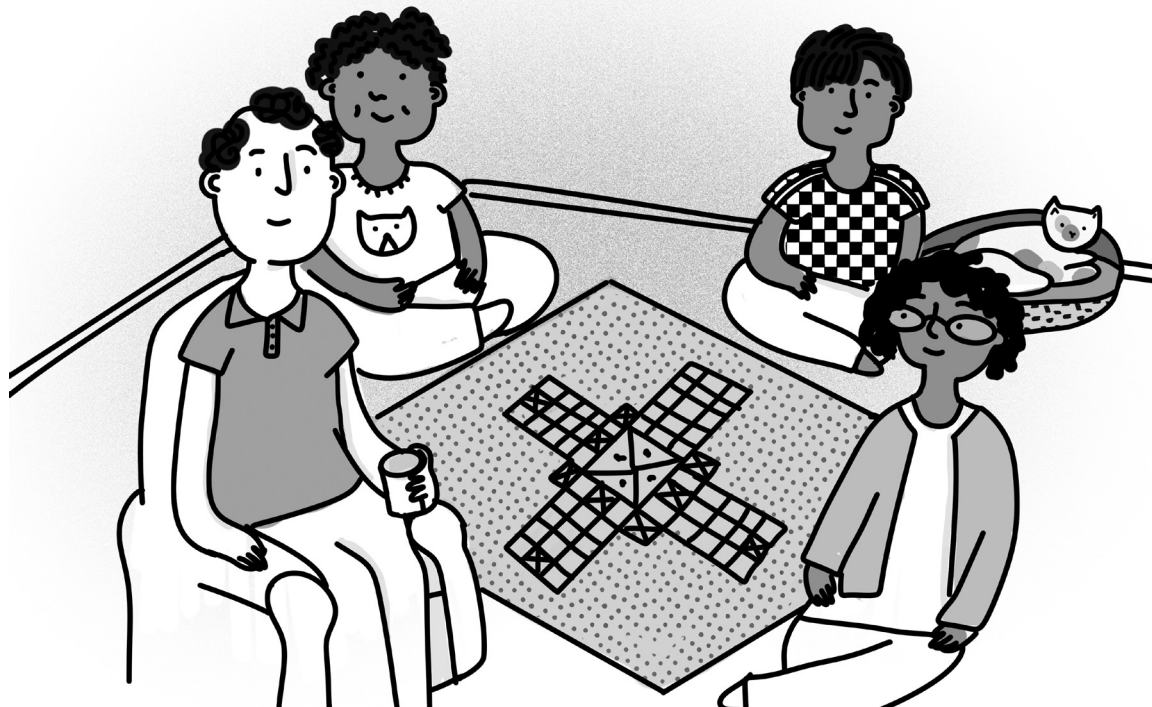
- What is your bedtime routine at home? Do you do it with your siblings?
- Do you always tidy your room and toys before bedtime?
- Would you let someone else tidy your room and toys? Is that a right thing to do?
- Why is Jay sad even though he asked Nikhil to tidy for him?
- What does Nikhil miss by doing Jay's chores?



Bonus Explorations

Fun follow-up activities

- Read the instructions to make a kite at the back of the book. Now make a kite!
- Build a bug tower block in your school or at home or in your local park.
- Why not ask for some space in your school or home to make a wild garden?
- Can you create your own board game to play with your siblings and friends?



Find out more!

Discover all the books in the Nikhil and Jay Series,
written by Chitra Soundar and illustrated by Soofiya.

Visit www.chitrasoundar.com/kids for more resources.

